



# INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS | ISSN: 2320 - 2882

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The Board of  
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In recognition of the publication of the paper entitled  
**EFFECT OF DEEP BREATHING EXERCISE ON CARDIORESPIRATORY  
FUNCTIONS IN PREHYPERTENSIVE YOUNG ADULTS: A PILOT STUDY**

Published In IJCRT ( [www.ijert.org](http://www.ijert.org) ) & 7.97 Impact Factor by Google Scholar

Volume 9 Issue 2 February 2021 , Date of Publication: 02-February-2021

UGC Approved Journal No: 49023 (18)

PAPER ID : IJCRT2102140

Registration ID : 202946

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