



# INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS | ISSN: 2320 - 2882

*An International Open Access, Peer-reviewed, Refereed Journal*

The Board of  
International Journal of Creative Research Thoughts  
Is hereby awarding this certificate to

**Dr.Khalil Ahmad Kakar**

In recognition of the publication of the paper entitled  
**STRESS MANAGEMENT AMONG HEALTH CARE WORKERS: CARING FOR  
YOUR SELF & OTHERS DURING COVID-19 PANDEMIC: SYSTEMATIC  
REVIEW**

Published In IJCRT ( [www.ijert.org](http://www.ijert.org) ) & 7.97 Impact Factor by Google Scholar

Volume 8 Issue 10 October 2020 , Date of Publication: 08-October-2020

UGC Approved Journal No: 49023 (18)

PAPER ID : IJCRT2010001

Registration ID : 198591

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