



# INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS | ISSN: 2320 - 2882

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International Journal of Creative Research Thoughts

Is hereby awarding this certificate to

**Miss. Nupoor Prashant Kulkarni**

In recognition of the publication of the paper entitled

## **EFFECT OF EXPIRATORY MUSCLE STRENGTH TRAINING ON PEFR AMONG COMMUNITY DWELLING ELDERLY RURAL POPULATION: AN INTERVENTIONAL STUDY**

Published In IJCRT ( [www.ijert.org](http://www.ijert.org) ) & 7.97 Impact Factor by Google Scholar

Volume 8 Issue 4 April 2020 , Date of Publication: 21-April-2020

UGC Approved Journal No: 49023 (18)

PAPER ID : IJCRT2004330

Registration ID : 193681

Scholarly open access journals, Peer-reviewed, and Refereed Journals, Impact factor 7.97 (Calculate by google scholar and Semantic Scholar | AI-Powered Research Tool) , Multidisciplinary, Monthly Journal



  
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