# of Publication Centificate



# INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS | ISSN: 2320 - 2882

An International Open Access, Peer-reviewed, Refereed Journal

The Board of

International Journal of Creative Research Thoughts

Is hereby awarding this certificate to

### Nekulu Sasu

In recognition of the publication of the paper entitled

## ASSESSMENT OF DIET AND SLEEP QUALITY OF TEACHERS AGE 30-50 YEARS

Published In IJCRT (www.ijert.org) & 7.97 Impact Factor by Google Scholar

Volume 10 Issue 6 June 2022, Pate of Publication: 19-June-2022

UGC Approved Journal No: 49023 (18)

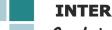
PAPER ID: IJCRT21X0041

Registration ID: 222028

SSN 2320-2882 Thousand the state of the sta

EDITOR IN CHIEF

Scholarly open access journals, Peer-reviewed, and Refereed Journals, Impact factor 7.97 (Calculate by google scholar and Semantic Scholar | Al-Powered Research Tool), Multidisciplinary, Monthly Journal



### INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS | IJCRT

An International Scholarly, Open Access, Multi-disciplinary, Indexed Journal

Website: www.ijcrt.org | Email id: editor@ijcrt.org | ESTD: 2013



# of Publication



# INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS | ISSN: 2320 - 2882

An International Open Access, Peer-reviewed, Refereed Journal

The Board of

International Journal of Creative Research Thoughts

Is hereby awarding this certificate to

### Vandana Garg

In recognition of the publication of the paper entitled

## ASSESSMENT OF DIET AND SLEEP QUALITY OF TEACHERS AGE 30-50 YEARS

Published In IJCRT (www.ijert.org) & 7.97 Impact Factor by Google Scholar

Volume 10 Issue 6 June 2022, Pate of Publication: 19-June-2022

UGC Approved Journal No: 4902<mark>3 (18)</mark>

PAPER ID: IJCRT21X0041

Registration ID: 222028

EDITOR IN CHIEF

Scholarly open access journals, Peer-reviewed, and Refereed Journals, Impact factor 7.97 (Calculate by google scholar and Semantic Scholar | Al-Powered Research Tool), Multidisciplinary, Monthly Journal



### **INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS | IJCRT**



Website: www.ijcrt.org | Email id: editor@ijcrt.org | ESTD: 2013

