

# Embracing Virtual Learning: A Pathway to Modern Education

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## Abstract

Virtual learning, also known as online learning or e-learning, has a rich history dating back to the 1960s, evolving significantly over the decades. This paper provides an overview of its historical background, modes, advantages, limitations, challenges, best practices, emerging trends, and implications for stakeholders. The historical journey of virtual learning highlights its transformation from early computer-based instruction to the integration of advanced technologies such as augmented reality (AR) and virtual reality (VR). The paper discusses various modes of virtual learning, including online courses, webinars, virtual classrooms, and mobile learning, each offering unique advantages and challenges. It outlines the benefits of virtual learning, such as flexibility, accessibility, customization, and global reach, along with the challenges of digital equity, course quality, social interaction, and technological infrastructure. Best practices for virtual learning encompass clear communication, engaging course design, multimedia utilization, regular feedback, and community building. Emerging trends in virtual learning, such as personalized learning, gamification, AR/VR integration, and social collaboration, indicate the transformative potential of virtual learning in education. Finally, the paper explores implications for stakeholders, including educators, learners, institutions, and policymakers, emphasizing the importance of professional development, self-regulation, infrastructure investment, policy development, and regulatory frameworks to ensure the success of virtual learning initiatives. Overall, the paper underscores the need for collaborative efforts and adaptive strategies to harness the benefits of virtual learning while addressing its challenges effectively in the digital age.

**Keywords:** Virtual learning, online learning, e-learning, remote education, Emerging trends challenges.

## Introduction

In the contemporary world, technology has become an indispensable part of our daily lives, permeating every aspect of society. Technology has revolutionized communication, enabling instant and seamless interactions across the globe. Platforms such as email, social media, and messaging apps facilitate real-time communication, fostering connections and collaboration on a global scale. Technology fosters global connectivity and collaboration, transcending geographical boundaries and cultural barriers. Through video conferencing, social networking, and online forums, people can connect, share ideas, and work together irrespective of their location. The need for technology in modern times is undeniable, given its profound impact on communication, information access, efficiency, innovation, education, healthcare, global connectivity, sustainability, economic development, and quality of life. Embracing technology and harnessing its potential responsibly is essential for addressing contemporary challenges and shaping a brighter future for humanity.

Virtual learning leverages technology to create innovative educational experiences, while advancements in technology continually enhance and expand the possibilities of virtual learning environments. Technology serves as the backbone of virtual learning, providing the digital infrastructure and tools necessary to deliver educational content remotely. Through the internet, computers, mobile devices, and various software applications, technology enables the creation, dissemination, and interaction of educational materials in virtual environments.

Virtual learning platforms, such as learning management systems (LMS), utilize technology to host online courses, manage course content, facilitate communication between instructors and students, and track learner progress. These platforms offer features such as multimedia content delivery, discussion forums, assignment submission portals, and assessment tools, enhancing the learning experience for participants. Multimedia resources such as videos, audio recordings, interactive simulations, and online textbooks enrich the learning experience, catering to diverse learning styles and preferences (Sharma, H.L. & Priyamvada, 2017) Technology

enables the creation and integration of these multimedia elements into virtual courses, making learning more interactive, engaging, and accessible to learners.

### 1.1 Virtual learning

Virtual learning refers to education that takes place primarily or entirely online, often facilitated by digital technologies and the internet. It encompasses various forms of distance education where instructors and students are not physically present in the same location. Here are two definitions and meanings of virtual learning:

Virtual learning is the process of delivering educational content and instruction through digital platforms, such as websites, learning management systems (LMS), video conferencing tools, and online collaboration software. It allows students to access course materials, participate in discussions, submit assignments, and interact with instructors and peers remotely, regardless of geographical location.

Virtual learning refers to a mode of education that utilizes virtual reality (VR) or augmented reality (AR) technologies to create immersive learning experiences. In this context, students use VR headsets or AR devices to explore virtual environments, simulate real-world scenarios, and engage in interactive learning activities that enhance their understanding of complex concepts and topics.

Virtual learning drives technological innovation by driving demand for advanced digital tools and solutions tailored to educational needs. As virtual learning continues to evolve and expand, technology will play a crucial role in shaping the future of education, unlocking new possibilities for accessible, engaging, and personalized learning experiences for learners worldwide.

### 1.2 Historical Background of Virtual Learning

Virtual learning, also known as online learning or e-learning, has a rich history that spans several decades. Here's a brief overview of its evolution:

- 1960s:** The roots of virtual learning can be traced back to the 1960s when the concept of computer-based learning emerged. Early experiments involved using mainframe computers to deliver educational content to students.
- 1970s:** In the 1970s, with the advent of personal computers, the potential for computer-assisted instruction grew. Institutions and organizations began to develop software and programs for educational purposes.
- 1980s:** The 1980s saw the rise of teleconferencing and the use of video technology for distance education. This period marked the beginning of virtual classrooms, where students could participate in live lectures and discussions remotely.
- 1990s:** The internet revolutionized virtual learning in the 1990s. With the World Wide Web becoming more accessible, educational institutions started offering online courses and resources. This decade also saw the emergence of learning management systems (LMS) like Blackboard and Moodle, which provided platforms for delivering and managing online courses.
- 2000s:** The 2000s witnessed a significant expansion of virtual learning. Many universities began offering fully online degree programs, catering to students who couldn't attend traditional classes due to various constraints. Massive Open Online Courses (MOOCs) gained popularity during this time, offering free or low-cost courses to a global audience.
- 2010s:** The 2010s saw a proliferation of online learning platforms and resources. Institutions increasingly integrated technology into their curricula, offering blended learning options that combined traditional classroom instruction with online components. Mobile learning also became prevalent, with the rise of smartphones and tablets enabling learners to access educational content anytime, anywhere.

Throughout its history, virtual learning has continually evolved, driven by advancements in technology and the changing needs of learners and educators. It has become an integral part of the education landscape, offering flexibility, accessibility, and opportunities for lifelong learning.

### 1.3 Modes of Virtual Learning

Virtual learning encompasses various modes that leverage digital technologies to facilitate education and training remotely. There are some common modes of virtual learning:

- Online Courses:** These are structured courses offered entirely over the internet, often through learning management systems (LMS). They can be self-paced or instructor-led and may include multimedia content, quizzes, assignments, and discussions.
- Webinars and Webcasts:** Live or pre-recorded presentations, lectures, or workshops delivered via the web. Participants can interact with instructors through chat or Q&A features.

- 3. Virtual Classrooms:** Real-time, interactive sessions that simulate traditional classroom environments using video conferencing tools. Students can see and communicate with the instructor and fellow classmates.
- 4. Blended Learning:** Combines online and in-person instruction. Students may engage in online activities and discussions independently and then come together for face-to-face sessions, workshops, or labs.
- 5. Massive Open Online Courses (MOOCs):** Offered by universities, organizations, or platforms like Coursera and edX, MOOCs provide free or low-cost access to a wide range of courses. They often include video lectures, quizzes, and discussion forums.
- 6. Mobile Learning (mLearning):** Learning delivered through mobile devices such as smartphones and tablets. It enables learners to access educational content anytime, anywhere.
- 7. Virtual Reality (VR) and Augmented Reality (AR):** Immersive technologies that create simulated environments or overlay digital content onto the real world, enhancing learning experiences in fields like healthcare, engineering, and vocational training.
- 8. Podcasts and Audiobooks:** Audio-based learning resources that can be accessed on-the-go. They are particularly useful for delivering lectures, interviews, or storytelling content.
- 9. Simulations and Games:** Interactive simulations and educational games that provide hands-on learning experiences in various subjects, from science and mathematics to business and language learning.
- 10. Social Media and Online Communities:** Platforms like Facebook groups, Reddit communities, and LinkedIn groups where learners can connect with peers, share resources, and participate in discussions related to their areas of interest or study.

Each mode offers unique advantages and challenges, and educators often combine multiple modes to create diverse and engaging virtual learning experiences.

#### 1.4 Review of related literature on Virtual Learning

The origins of virtual learning can be traced back to the 1960s with the emergence of computer-based instruction (Atkinson, 1968). Since then, technological advancements, particularly the internet and digital communication tools, have transformed virtual learning into a mainstream educational approach (Bonk & Graham, 2006). The evolution of virtual learning has been characterized by the development of learning management systems (LMS), the proliferation of Massive Open Online Courses (MOOCs), and the integration of multimedia resources to enhance learning experiences.

Research on the effectiveness of virtual learning compared to traditional face-to-face instruction has yielded mixed results. Some studies have found no significant differences in learning outcomes between online and traditional formats (Means et al., 2013), while others have reported advantages such as increased student engagement and satisfaction in virtual environments (Allen & Seaman, 2016). Factors influencing the effectiveness of virtual learning include instructional design, learner characteristics, and the quality of technological infrastructure (Bernard et al., 2014).

Despite its potential benefits, virtual learning faces several challenges. These include issues related to digital equity and access, concerns about the quality of online courses, and the need for effective online pedagogies (Picciano, 2017). Additionally, research indicates that online learners may experience feelings of isolation and lack of social interaction, highlighting the importance of fostering a sense of community in virtual environments (Richardson & Swan, 2003).

The future of virtual learning holds promise for further innovation and expansion. Advancements in technologies such as virtual reality (VR) and artificial intelligence (AI) are poised to revolutionize online education by offering immersive learning experiences and personalized instruction (Dede et al., 2017). Moreover, the ongoing integration of virtual learning into traditional educational settings is expected to continue, blurring the boundaries between physical and digital learning environments.

#### 1.5 Advantages of Virtual Learning

There are many advantages of Virtual Learning:

- 1. Flexibility and Accessibility:** Virtual learning offers flexibility in terms of time and location, allowing learners to access educational content at their convenience (Allen & Seaman, 2016). This flexibility is particularly beneficial for individuals with busy schedules or those who are unable to attend traditional classes due to geographical constraints (Means et al., 2013).
- 2. Cost-effectiveness:** Several studies have highlighted the cost-effectiveness of virtual learning compared to traditional classroom instruction (Picciano, 2017). Online courses often eliminate the need for commuting and

physical classroom infrastructure, resulting in cost savings for both institutions and students (Allen & Seaman, 2016).

3. **Customization and Personalization:** Virtual learning platforms can be tailored to accommodate diverse learning styles and preferences (Dede et al., 2017). Through adaptive learning technologies and personalized feedback mechanisms, instructors can provide individualized support to learners, enhancing the overall learning experience (Bernard et al., 2014).
4. **Enhanced Engagement:** Virtual learning environments offer various interactive features such as multimedia resources, discussion forums, and gamified activities, which can foster greater student engagement and participation (Bonk & Graham, 2006). Research indicates that well-designed online courses can promote active learning and collaboration among learners (Richardson & Swan, 2003).
5. **Global Reach:** Virtual learning transcends geographical boundaries, allowing institutions to reach a global audience of learners. This global reach facilitates cultural exchange and diversity, enriching the learning experience for participants from different backgrounds.
6. **Opportunities for Lifelong Learning:** Virtual learning enables individuals to pursue continuous education and skill development throughout their lives (Means et al., 2013). With the availability of online resources and courses, learners can acquire new knowledge and expertise at any stage of their careers (Picciano, 2017).

The advantages of virtual learning contribute to its growing popularity and adoption in educational settings worldwide. However, it is essential to acknowledge the potential challenges and limitations associated with this mode of instruction and to address them through effective pedagogical strategies and technological innovations.

### 1.6 Limitations and Challenges of Virtual Learning

Virtual learning, while offering numerous benefits, also presents several limitations and challenges that must be addressed to ensure its effectiveness and inclusivity. The key limitations and challenges of virtual learning given below:

#### 1. Digital Equity and Access

One of the primary challenges of virtual learning is the issue of digital equity and access. Not all students have equal access to reliable internet connections, computers, or other necessary technologies. This digital divide can exacerbate existing disparities in educational outcomes, particularly for students from underserved communities (Picciano, 2017).

#### 2. Quality Assurance and Course Design

Ensuring the quality of online courses poses another significant challenge. While technological advancements have made it easier to create and deliver virtual learning experiences, maintaining pedagogical rigor and engagement remains crucial (Bernard et al., 2014). Effective course design requires careful attention to instructional strategies, assessment methods, and the integration of interactive multimedia resources (Bonk & Graham, 2006).

#### 3. Social Presence and Interaction

Virtual learning environments often lack the social presence and interaction found in traditional classrooms. Research suggests that online learners may experience feelings of isolation and disconnection, which can negatively impact their learning experiences (Richardson & Swan, 2003). Fostering a sense of community and facilitating meaningful interactions among students and instructors is essential for overcoming this challenge.

#### 4. Technological Infrastructure and Support

Reliable technological infrastructure and adequate support services are essential for successful virtual learning experiences. Technical issues such as connectivity problems or software glitches can disrupt learning activities and impede student progress. Institutions must invest in robust IT infrastructure and provide comprehensive technical support to address these challenges effectively.

#### 5. Instructor Preparedness and Training

Effective virtual teaching requires specialized skills and training that many instructors may lack. Educators must be proficient in leveraging online tools, facilitating discussions, and providing timely feedback in virtual environments (Means et al., 2013). Professional development programs and ongoing support are necessary to help instructors adapt to the demands of virtual teaching.

#### 5. Pedagogical concerns and instructional design challenges

Designing effective online courses requires careful consideration of pedagogical principles and instructional strategies. Simply transferring traditional classroom materials to a digital format may not be sufficient to engage students and promote meaningful learning. Educators must adapt their teaching methods to suit the online environment, which can be challenging.



## 6. Assessment integrity and proctoring issues

Ensuring the integrity of assessments in virtual learning environments presents significant challenges. With remote testing, there's a risk of cheating or academic dishonesty, as monitoring students' behavior and preventing unauthorized assistance can be difficult. Implementing secure online proctoring solutions often comes with privacy concerns and technical hurdles.

Addressing these limitations and challenges requires collaborative efforts from educators, policymakers, technology providers, and communities to ensure equitable access to education and promote effective virtual learning experiences for all students. Strategies may include investing in infrastructure, providing support for digital literacy, fostering community partnerships, and designing innovative pedagogical approaches tailored to the online environment.

### 1.7 Best Practices in Virtual Learning

There are some excellent best practices for virtual learning:

**1. Clear communication and expectations:** Establishing clear communication channels and expectations from the outset helps students understand what is required of them and reduces confusion. This includes outlining course objectives, assignment deadlines, communication protocols, and instructor availability.

**2. Engaging and interactive course design:** Virtual learning environments should be designed to keep students engaged and actively involved in the learning process. This can include incorporating multimedia elements, interactive simulations, virtual labs, discussion forums, and group activities.

**3. Utilization of multimedia and interactive tools:** Integrating multimedia such as videos, podcasts, interactive presentations, and online simulations can enhance learning by catering to different learning styles and making concepts more accessible and memorable.

**4. Regular feedback and assessment strategies:** Providing timely and constructive feedback is essential for helping students gauge their progress and improve their understanding. Incorporating various assessment methods, such as quizzes, essays, discussions, and peer evaluations, allows instructors to assess student learning effectively.

**5. Cultivation of online community and peer collaboration:** Building a sense of community in the virtual classroom encourages students to actively participate and engage with their peers. Discussion forums, group projects, peer reviews, and collaborative activities foster interaction and support collaborative learning.

By implementing these best practices, educators can create a more dynamic and effective virtual learning experience for their students, fostering engagement, collaboration, and meaningful learning outcomes.

### 1.8 Emerging Trends in Virtual Learning

Virtual learning continues to evolve rapidly, driven by advancements in technology and changes in educational practices. To identify emerging trends in virtual learning and their implications for the future of education:

#### 1. Personalized learning

Personalized learning, which tailors instruction to individual student needs and preferences, is gaining prominence in virtual learning environments (Dede et al., 2017). Adaptive learning technologies, such as intelligent tutoring systems and personalized learning algorithms, enable educators to provide customized learning experiences that optimize student engagement and achievement (Baker et al., 2008).

#### 2. Gamification and simulation

Gamification and simulation are increasingly being integrated into virtual learning platforms to enhance student motivation and learning outcomes (de Freitas & Oliver, 2006). Game-based learning environments leverage game mechanics and principles to create immersive and interactive learning experiences, while simulations enable students to apply theoretical knowledge in realistic scenarios (Hainey et al., 2016).

#### 3. Augmented reality (AR) and virtual reality (VR)

Augmented reality (AR) and virtual reality (VR) technologies are revolutionizing virtual learning by providing immersive and experiential learning opportunities (Dalgarno & Lee, 2010). AR overlays digital content onto the real world, allowing students to interact with virtual objects in their physical environment, while VR transports students to virtual environments where they can explore and manipulate 3D simulations (Dede, 2009).

#### 4. Mobile learning

Mobile learning, facilitated by smartphones and tablets, is becoming increasingly prevalent in virtual learning environments (Kukulka-Hulme & Traxler, 2005). Mobile devices enable learners to access educational content anytime, anywhere, fostering flexibility and convenience (Sharples et al., 2007). Mobile apps and responsive web design make it possible to deliver engaging learning experiences optimized for mobile platforms.

## 5. Social learning and collaboration

Social learning and collaboration are fundamental components of effective virtual learning experiences (Veletsianos & Kimmons, 2012). Online communities, social networking platforms, and collaborative tools enable students to connect with peers, share resources, and engage in collaborative projects (Dron & Anderson, 2014). Social presence and interaction contribute to a sense of belonging and support academic success.

**6. Artificial Intelligence (AI) Integration for Personalized Learning:** AI algorithms are being increasingly integrated into virtual learning platforms to provide personalized learning experiences. These systems analyze student data and behavior to tailor instruction and content delivery according to individual learning styles, preferences, and pace. This approach fosters better understanding and retention among learners (Paris, P.G., 2004).

**7. Blended Learning Models and Hybrid Approaches:** Blended learning combines traditional face-to-face instruction with online learning components. This approach offers the flexibility of virtual learning while maintaining the benefits of in-person interaction and instruction. Hybrid approaches leverage a mix of virtual and physical resources to create dynamic learning environments that cater to diverse learning styles and preferences (Sharma & Pooja, 2016; Sharma & Priyamvada, 2017).

The emerging trends demonstrate the transformative potential of virtual learning in education. By embracing personalized learning, gamification, AR/VR technologies, mobile learning, and social collaboration, educators can create engaging and effective learning experiences that meet the diverse needs of learners in the digital age.

## 1.9 Implications for Stakeholders

The implications for stakeholders of virtual learning are wide-ranging and significant to educators, learners, institutions, policymakers, and the broader community. Embracing virtual learning involves adapting to its benefits and challenges while leveraging its potential to shape the future of education. Here are some key implications for stakeholders:

<b>Educators</b>	<ul style="list-style-type: none"> <li>• <b>Professional Development:</b> Educators need to adapt to new technologies and teaching methodologies suited for virtual environments. This may require ongoing training and support in areas such as online instruction, digital tools, and communication methods.</li> <li>• <b>Instructional Strategies:</b> Educators must develop and refine strategies for engaging students in virtual settings, including utilizing multimedia resources, facilitating online discussions, and providing timely feedback.</li> </ul>
<b>Learners</b>	<ul style="list-style-type: none"> <li>• <b>Self-Regulation:</b> Virtual learning requires learners to take greater responsibility for managing their time, staying motivated, and seeking help when needed. Developing self-regulation skills becomes essential for success in this environment.</li> <li>• <b>Digital Literacy Skills:</b> Learners need proficiency in using digital tools, navigating online platforms, evaluating information credibility, and practicing online etiquette to effectively engage with virtual learning materials and resources.</li> </ul>
<b>Institutions</b>	<ul style="list-style-type: none"> <li>• <b>Infrastructure Investment:</b> Institutions must invest in robust technology infrastructure, including reliable internet access, hardware devices, software platforms, and technical support services, to ensure seamless delivery of virtual learning experiences.</li> <li>• <b>Policy Development:</b> Institutions need to establish policies and guidelines for virtual learning, covering areas such as privacy protection, data security, academic integrity, accessibility standards, and student support services.</li> </ul>
<b>Policymakers</b>	<ul style="list-style-type: none"> <li>• <b>Regulatory Frameworks:</b> Policymakers should develop regulatory frameworks that address the unique challenges and opportunities of virtual learning, including accreditation standards, licensing requirements for online educators, and guidelines for educational technology usage.</li> <li>• <b>Funding Allocation:</b> Policymakers need to allocate resources to support the implementation of virtual learning initiatives, including funding for technology infrastructure upgrades, professional development programs, and research on best practices in online education.</li> </ul>
<b>Community</b>	<ul style="list-style-type: none"> <li>• Virtual learning impacts the broader community by promoting lifelong learning opportunities, fostering economic development, and promoting social inclusion. Communities benefit from increased access to education and training, which can lead to higher employment rates, improved quality of life, and enhanced civic engagement. Virtual learning also facilitates cultural exchange and collaboration, enriching the diversity of the community.</li> </ul>

**Figure-1: Implications for Stakeholders**

In nutshell, the implications of virtual learning for stakeholders underscore the importance of collaboration, innovation, and adaptation to harness its potential for positive educational outcomes and societal impact. By working together to address challenges and leverage opportunities, stakeholders can ensure that virtual learning fulfills its promise of providing accessible, equitable, and high-quality education for all.

### Conclusion

This research paper aims to provide a comprehensive overview of the current state of virtual learning, including its advantages, challenges, best practices, emerging trends, and implications for various stakeholders. Through a critical analysis of existing literature, this paper seeks to contribute to the ongoing discourse on effective and equitable digital education delivery methods.

The need for virtual learning arises from the increasing demand for flexible, accessible, and personalized educational experiences. This mode of learning allows individuals to access courses and resources remotely, overcoming geographical constraints and accommodating diverse schedules. Additionally, virtual learning leverages technology to enhance engagement, collaboration, and the effectiveness of educational delivery. Especially in today's digital age, where technology is deeply integrated into daily life, virtual learning provides a way to adapt to changing educational needs and opportunities.

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