IJCRT.ORG ISSN: 2320-2882



INTERNATIONAL JOURNAL OF CREATIVE **RESEARCH THOUGHTS (IJCRT)**

An International Open Access, Peer-reviewed, Refereed Journal

Ref No: IJCRT/Vol 12/ Issue 5 / 028

Prof. Satish Sharad Bhagwat

Subject: Publication of paper at International Journal of Creative Research Thoughts.

Dear Author,

With Greetings we are informing you that your paper has been successfully published in the International Journal of Creative Research Thoughts - IJCRT (ISSN: 2320-2882). Thank you very much for your patience and cooperation during the submission of paper to final publication Process. It gives me immense pleasure to send the certificate of publication in our Journal. Following are the details regarding the published paper.

About IJCRT : Scholarly open access journals, Peer-reviewed, and Refereed Journals, Impact

> factor 7.97 (Calculate by google scholar and Semantic Scholar | AI-Powered Research Tool), Multidisciplinary, Monthly, Indexing in all major database & Metadata, Citation Generator, Digital Object Identifier(DOI) | UGC Approved

Journal No: 49023 (18)

Registration ID: IJCRT_261744 Paper ID : IJCRTAH02028

Title of Paper : EFFECT OF FAST AND SLOW YOGIC POSTURE ON MUSCULAR

STRENGTH

Impact Factor : 7.97 (Calculate by Google Scholar) | License by Creative Common 3.0

Publication Date: 22-May-2024

DOI

Published in : Volume 12 | Issue 5 | May 2024

: 126-130 Page No

Published URL: http://www.ijcrt.org/viewfull.php?&p_id=IJCRTAH02028

Authors : Prof. Satish Sharad Bhagwat, Dr. Shirish V. Topare

Notification : UGC Approved Journal No: 49023 (18)

Thank you very much for publishing your article in IJCRT.

International Journal of Creative Research Thoughts - IJCRT

(ISSN: 2320-2882)















Creative Resea



